

MEMBERSHIP



Limited Time Offer: 50% Off New Membership Initiation Fees. Valid through 1/31/13!!!!



MEMBERSHIP DEFINITELY HAS ITS PRIVILEGES!

*Welcome to Membership in Dr. J's Growing Collective
of Building Strengths, Focusing on Solutions through
Concierge Therapy and METTA Healing.*

METTA Healing Oasis' membership programs ensures high quality, comprehensive psychological treatment and a flawless mental healthcare experience as if your total existence depended on your mental health.

Membership gives you unprecedented access to Dr. J. She provides a high end approach to mental health and ensures specialized treatment provided especially for you regardless to your needs, concerns, or goals. Dr. J's vision and purpose is to connect and collaborate with those seeking personalized service with a METTA (lovingkindness) focused approach to meeting their needs.

Begin the journey of developing a self-loving and harmonious lifestyle that facilitates effective healing modalities in your quest to capitalize on your strengths. This journey will allow you to life a fulfilling life with purpose!

A personalized therapeutic or consultative relationship with Dr. J is available to you for as long as we both deem it beneficial and necessary. You will always have the option and authority to change the course of our treatment arrangement. Dr. J believes that an open, honest and trusting rapport is a MUST for an effective therapeutic relationship.

See the "Membership Levels" link on the home page and think of www.mettahealingoasis.com as your primary connection for an enriched lifestyle and authentic path to happiness, harmony and peace. Trust yourself to develop specialized tools that will allow you to embrace your true healing within!

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A membership at PLM METTA Healing Oasis (MHO) is like a country or professional club membership, but for mental health care. Your membership gives you premier and unrestricted access to Dr. J and services at METTA Healing Oasis for one low monthly fee.

MEMBERSHIP FEATURES	<u>ESSENTIAL</u>	<u>EXEMPLAR</u>	<u>EXCLUSIVE</u>
<u>OFFICE VISITS:</u>			
Same Day Appointments (T-F 10:30AM-4:00PM)			✔
Unhurried visits		✔	✔
Best of the Best approach to your mental healthcare	✔	✔	✔
Calm and Serene environment	✔	✔	✔
Report/Letter Writing (where applicable)	✔	✔	✔
Early evening visits (by appointment)		until 7:30pm	until 8:30pm
Multi Disciplinary Team Meetings		✔	✔
Saturday appointments (11AM-4PM)		✔ From 1PM	✔
<u>CLINICIAN ACCESS:</u>			
Preferential Appointments Scheduled	10 days max	7 days max	3 days max
Dr. J's Personal email access		Reply <24 hrs	Reply <12 hrs
Phone calls returned by Dr. J.	48 - 24 hrs	12 - 24 hrs	12 - 6 hrs
Concierge for anything psychological or METTA Consultation related			✔
24/7 Access to Dr. J's Mobile (call or text)			✔
Concierge Visits "House Calls"	Private Pay	✔	✔
Skype visits with Dr. J	Private Pay	✔	✔
<u>SERVICES:</u>			
Bi-Weekly Office visits	Insurance [‡]	✔	✔

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Cognitive Tests* –(DR. J. calls you with results)	Private Pay [‡]	✔	✔
Life Events Scale	Insurance [‡]	✔	✔
Annual Treatment Plan & Screening (where applicable)	Private Pay [‡]	✔	✔
Pre-Marital Counseling	Private Pay [‡]	✔	✔
Weight Loss/ Exercise Support	Private Pay [‡]	✔	✔
Report/Letter Writing (where applicable)	Private Pay [‡]	✔	✔
Anger Management (where applicable)	Private Pay [‡]	✔	✔
Family Therapy	Insurance [‡]	✔	✔
Couples Counseling	Insurance [‡]	✔	✔
Concierge Visits “House Calls”	Private Pay [‡]	✔	✔
Wedding Consultation (for couple, family & wedding party)	Private Pay [‡]	✔	✔
Parent-Child Relationship Consultation	Private Pay [‡]	✔	✔
Positive Self-Esteem/Self-Concept Dev.	Private Pay [‡]	✔	✔
No Deductible / Co-payments. One Flat Fee		✔	✔
<u>VIP SERVICES:</u>			
<u>PREMIERE AUTHENTICITY APPRAISAL™</u>			✔
Ongoing Concierge Therapy			✔
Dr. J. as a Confidential Travel Therapist			✔
Multi-Disciplinary & Coordination of Care			✔
<u>Wellness and Lifestyle Consultation</u>			✔
<u>Personalized Meditation Practice Phrases</u>			✔
<u>Confidential Chemical Dependency Treatment</u>			✔
<u>Confidential Terminal Illness Concierge Visits</u>			✔

* Additional assessments, such as Personality assessments are available & may be billed to you or your insurance for an additional fee.

**Selected consultations including career and educational are included in the Exemplar and Exclusive membership levels if applies.